

CHERRY BLOSSOMS

Spontaneous flowering of ideas

5 February 2026



As I cast my gaze upon the horizon of our lives in 2026, I cannot help but feel a deep sense of grieving and mourning for our state of existence in the world. There is a real sense that we seem to have lost our human touch and gaze, our soulfulness and lovingness in connection with other persons and our ecosystem. Our society feels plagued by prejudice, hostility, tribalism, nativism, and terrorism. We are more wired-up than ever before by technology, but that has its side effect of addiction to our “smart” devices. Conscience-free algorithms funded by corporate money and fuelled by corporate interests hold sway over our collective psyche. Conflict, division, hatred, and even war can be easily triggered by algorithms that lack accountability. The world looks like it is spiralling out of control, plunging headlong into more chaos, fragmentation, and conflict.

End-time narratives from different scriptural traditions, whether Christian, Islamic, or Buddhist as in the Kalachakra Tantra, concur on some future apocalyptic event to come, however much or little they may vary on the details. At the same time, the potential for radical renewal and re-creation abounds in these darkest of times. It is in this context that I can feel hopeful about the “kingdom of God” to come, even as we are seeding and ushering this kingdom in our *being and becoming* from moment to moment. For me, Eucharist²⁸ is one such beacon, one such flame, one such ray of light—likely a significant and weighty one—in that blazing splendour of luminosity to come.

Eucharistic Spirituality

Increasingly, I’ve been drawn into the mysterious depths of the Eucharist as the Real Presence of the Body and Blood of Christ, graciously manifested in our history. I’ve sat in various Church pews where the Blessed Sacrament resides in an ornamentally designed box near the altar. On every occasion I’ve experienced a refreshing sweet presence that is palpable and transparently luminous. I have meditated silently in Adoration Chapels where the Blessed Sacrament is displayed, entering into ever-deepening *samādhi* as I gaze at my Lord in the mutuality of love. I have felt intense heat streaming into my crown and down to my body as the Blessed Sacrament was placed above me during Eucharistic Healing. The Lord’s personal Word for me brought me deep peace that evening.

Nature of God

The God of the Old and New Testaments is a God of Love, a God who is Love. Love makes no sense in undifferentiated unity where all individuality is subsumed or erased. Love only makes sense where and when there is mutuality of persons in an ocean of egoless interpenetration. Where there is only One, there is no Love, only subtle clinging and identity fixation disguised as Love. Where there is only Many, there can be no Love, only attachment and aversion masking as Love. But in the communion of Three (empty yet full) Persons of the One (empty yet full) God, there is nothing but Love—a dynamic outpouring and intaking of Love amongst the ThreeOne, in what is termed *perichoresis* or circumincession. This is a self-emptying dance of Love that is processual and fluid beyond constraints between and amongst Father, Son, and Spirit. By the grace of God in Christ's incarnation and cross, we and all creation are brought into this dance of Love. He is calling each one of us by name, into Love. How will you respond?

Let us meditate ...

Father loves Son, passionately and deeply.

Father delights in Spirit, uninhibitedly.

Son obeys and reveals Father, joyfully and lovingly.

Son sports with Spirit, playfully and spontaneously.

Spirit exults in Father, adoringly.

Spirit proclaims Son, exaltingly.

Invitation to Love

In 2028, Sydney Australia will host an epochal event that will pour light into the thick darkness of our times. The 54th International Eucharistic Congress 2028 (Eucharist28) is coming to town! Check it out: <https://eucharist28.org/>. And what a blessing that will be! Join me as I prepare to welcome Eucharist28 in communion with my brothers and sisters in Singapore and Australia. Take time to reflect, rethink, and review our assumptions, beliefs, and even spiritual practices. Perhaps, in the silence of being, we may hear our Beloved whispering ever so gently to us: “Come to me all you who are weary and heavy-laden, and I will give you Rest” (Matthew 11:28).

Ad majorem dei gloriam

✠ **Chris**

Eucharist28 Promo Video:

<https://youtu.be/M9nyIb5ijDg?si=jxAhUFZsaFoHeaAk>